

1. VISION PATH STATEMENT (VPS)

THE VISION PATH STATEMENT FORMULA

BY THE (Identify a specific time frame for completion.),

I WILL BE (What exactly will you be negotiating for? What do you want?),

ALLOWING ME TO (What will reaching your goal allow you to do from a family and career standpoint?),

WHILE I ENJOY (What will reaching your goal allow you to enjoy personally?).

COMPLETE YOUR VISION PATH STATEMENT

BY THE _____

_____, **I WILL BE** _____

_____, **ALLOWING ME TO** _____

WHILE I ENJOY _____.

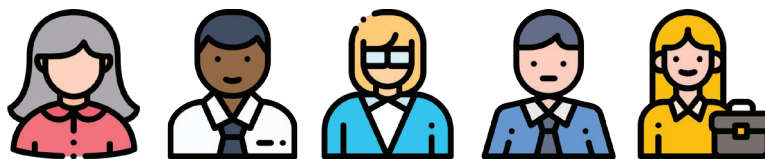
2. NETWORKING

IDENTIFY TWO INDIVIDUALS YOU PLAN TO NETWORK WITH FROM EACH NETWORK TYPE

1. STRATEGIC NETWORK:
2. OPERATIONAL NETWORK:
3. DEVELOPMENTAL NETWORK:

5-3-1 Networking

5
CONVERSATIONS



3
QUESTIONS
EACH



1
FOLLOW-UP
IN 1 WEEK



3. SELF ADVOCACY PLEDGE

COMPLETE YOUR SELF ADVOCACY PLEDGE

MY SELF ADVOCACY BEGINS WITH _____

SO I CAN _____

Are you past due for a raise? Introducing...

UNLEASHABLES



1

Complete a simple online form about your current level of compensation.



2

I will review your responses and prepare for you a custom negotiation script.



3

Negotiate your raise! Want some extra practice? I also offer video conference practice sessions.

Visit **UNLEASHABLES.COM** to get started!